



24.	I am respected and liked by others, even when they don't agree with me
25.	. I am clear about my own goals and values.
26.	I express my views honestly and thoughtfully, without being pushy.
27.	I am good at managing my moods, and I seldom bring negative emotions to work.
28.	I focus my full attention on another person when I listen to them.
29.	I believe the work I do day-to-day has meaning and value to society.
30.	I can effectively persuade others to adopt my point of view without coercing them

### Scoring the Self-Assessment

- Enter your ratings for each numbered question in the category where it appears.
- Add the ratings for each category to obtain a total for that specific facet of EQ.

<b>Self Awareness</b> 1 _____ 7 _____ 13 _____ 19 _____ 25 _____  Total Score _____	<b>Empathy</b> 4 _____ 10 _____ 16 _____ 22 _____ 28 _____  Total Score _____
<b>Self-Confidence</b> 2 _____ 8 _____ 14 _____ 20 _____ 26 _____  Total Score _____	<b>Motivation</b> 5 _____ 11 _____ 17 _____ 23 _____ 29 _____  Total Score _____
<b>Self-Control</b> 3 _____ 9 _____ 15 _____ 21 _____ 27 _____  Total Score _____	<b>Social Competency</b> 6 _____ 12 _____ 18 _____ 24 _____ 30 _____  Total Score _____